

WELCOME TO SAINT MARY & SAINT BARBARA PARISHES

We're blessed to have you worship with us today. If you're visiting, may God guide and bless you on your journey. If you're seeking a church home, we warmly invite you to consider joining our church family. Please don't hesitate to reach out if you have any questions or would like to learn more about our parish community.

February 1, 2026

Pastor

Fr. Abraham Mupparathara MCBS

E-mail: smuppara@hotmail.com

906-369-0028, emergency only

Saint Mary Parish

401 Main Street
Norway, MI 49870

Weekend Mass Schedule

Saturday: 4:00pm Sunday: 10:00am

Saint Barbara Parish

W5058 Main Street, Vulcan

Mail: 401 Main St
Norway, MI 49870

Weekend Mass Schedule

Saturday: 6:00pm Sunday: 8:00am

Confessions at St. Mary

Saturday from 11:00am-Noon

Sunday from 9:15-9:45am, before 10:00am Mass

Tuesday from 4:30-4:50pm before 5:00pm Mass

Website: www.stmarybarbara.org

E-mail: saintmary@norwaymi.com

Parish Office: 906-563-9845

Fax Number: 906-563-7623

Office Hours: Monday-Thursday 9:00am-4:00pm

Parish Personnel

Secretary: Sharon Halloran

Bookkeeping: Mary Lindstrom

Email: smbookkeeping1878@gmail.com

Music/Liturgy: Kelli McGeehan

Email: smmusic1878@gmail.com

Faith Formation Coordinator: Jen Murvich

Email: religioused@norwaymi.com

Youth Ministry Coordinator: Michelle Chartier

Email: youthgroup@norwaymi.com

Holy Spirit Catholic School

Principal: Cathy Menghini

906-563-8817 Email: info@hscsnorway.org

St. Vincent de Paul Store
Catholic Social Services

906-563-7302
906-774-3323



4TH SUNDAY IN ORDINARY TIME



"Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven." - Mt 5:10-12a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPi

READINGS FOR THE WEEK

Monday: Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30-19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

Wednesday: 2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13

Friday: Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29

Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34

Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/Mt 5:13-16

Mass Intentions

2/2 MON - 6:00pm SM - Cory Groeneveld
 2/3 TUE - 5:00pm SM - James J. and James McGuire
 2/4 WED - 8:00am SM - Anita DuBois
 2/4 WED - 11:30am SM - Memorial Mass for Arthur Marcell
 2/5 THUR - 8:00am SB - Michael Garza
 2/6 FRI - 8:30am SM - Paul Bolek
 2/7 SAT - 4:00pm SM - Mary Ropele & Rosemary DeBakker
 2/7 SAT - 6:00pm SB - Donna Jensen
 2/8 SUN - 8:00am SB - For the People of St. Barbara and St. Mary Parishes
 2/8 SUN - 10:00am SM - John Radlinger
When there is a funeral, daily Mass will NOT be cancelled



St. Mary's

Collection - January 25, 2026

Envelopes & Holy Day	\$3,613.00
Loose	233.00
School Support	80.00
First Offering	20.00
Maintenance	406.00
Total:	\$4,352.00

Diocesan Collection \$220.00

St. Barbara's

Collection - January 25, 2026

Envelopes	\$1,605.00
Loose	152.00
Maintenance	402.00
Total:	\$2,159.00



THANK YOU FOR YOUR GENEROSITY!

Thank you for sharing your time, talents and treasure in building God's Kingdom. Your generosity strengthens our parish community.

To support financially, you may drop envelopes at Mass or the church mailbox, mail it in or give online through our website e-Giving option:

<https://giving.stmarybarbara.org/give>

What's happening this week:

2/1 Sun. 9:15-9:45am, Confession before Mass, St. Mary
 2/1 Sun. 11:00am, Coffee Donut Social, Saint Mary Parish Hall
 2/2 Mon. **6:45pm**, Evangelization Training Class, **Holy Spirit Catholic School**
 2/3 Tue. 10am, AA Meeting in classroom, use St. Joseph Center entrance in parking lot
 2/3 Tue. 1:00pm, St. Barbara Women's League Meeting
 2/3 Tue. 4:30-4:50pm, Confession before Mass, St. Mary
 2/3 Tue. 5:30pm, Women of St. Mary Meeting
 2/4 Wed. 3:20-4:30pm, Faith Formation 1st-6th grades
 2/4 Wed. 4:30-5:00pm, Children's Choir Practice
 2/4 Wed. 6:00pm, Women's Book Club, SM Parish Hall
 2/5 Thu. 2:00pm, Feeding America Food Distribution
 2/5 Thu. 5:30pm, OCIA, Saint Mary
 2/6 Fri. 6:00am, Men's Prayer Group, St. Mary
 2/6 Fri. 9:00am-3:00pm, Eucharistic Adoration
 2/7 Sat. 11am-12pm, Confession/Eucharistic Adoration, SM

Vocational View: Blest are they who... take a good look at the beatitudes. These are the gifts of spiritual leaders. Encourage them wherever you see them growing. (Matthew 5:1-12)



Spirit Lifters

Feb. 1st - He who has no money is poor, but he who has nothing but money is the poorest of all.
Feb. 2nd - Hold to a true friend with both hands.
Feb. 3rd - A good thing to remember And a better thing to do, Is to work with the construction gang and not the wrecking crew.
Feb. 4th - The only sharp-edged tool that gets sharper with use is the tongue.
Feb. 5th - To overlook the little things in life is to miss the biggest part of life itself.
Feb. 6th - "Cheerfulness and content are great beautifiers and are famous preservers of youthful looks."
Feb. 7th - The person who is always finding fault, seldom finds anything else.

It Pays to Advertise ~ Our parishes benefit significantly from the ads placed in this bulletin. The advertising dollars pay for our bulletin service. Many thanks to those who have continued to renew, and the new advertisers that joined us this past year. When patronizing those businesses that advertise with us, please let them know you saw their ad on our bulletin.

This week's feature ad is:

Northern Pro Painting
906-396-4899



St. Mary Memorial

Each month we list the names of those in whose name gifts have been made to the Memorial Fund at St. Mary Parish. They are remembered at the 10:00 a.m. Mass on the first Sunday of each month for one year. The names are inscribed in our Memorial Book, which is on display in the vestibule. Contact the parish office for more information. Inscribed for the month of JANUARY:

Ed Jasonowicz, Loren "Fuzzy" Anderson, Cory Groeneveld



Please pray for our parishioners in Nursing Homes, Assisted Living, are homebound and those who suffer in silence. Special prayers for healing were requested for: Sue Gedwick, Bill Falk, Stephen Amond, Chloe Conery, Mike Opolka, Bob Chartre, Missy Marcelini, Peyton & Paisley Pietrantonio, David Hoheisel, Sharon Harder, Joe Haferkorn, Gina Zanon and Ginger Moore. If you need continued prayers or would like to request prayers for someone else, please email or call the parish office.

St. Mary and St. Barbara Conference of SVDP

We thank you for the generosity given throughout the year to help those less fortunate. The ongoing prayers, monetary donations, and keeping our pantry well-stocked etc. each month has truly been a blessing. Your contributions have made a difference in the lives of so many people.

The Conference Office will continue to help those in need on Tuesday, Wednesday, or Thursday from 9-11 a.m., or by special appointment if needed.

Pantry or monetary donations can be accepted during regular store hours, Monday through Friday, 9am-3:30pm. Monetary donations may also be mailed to St. Mary/St. Barbara Conference of SVDP at 421 Main Street, Norway, MI.

During **February** we would appreciate donations of: **Hamburger Helper, cake mixes or canned tomatoes.**

Thank you and be assured you are in our prayers with gratitude. God Bless!

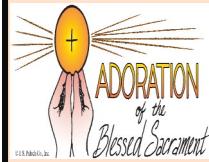
St. Mary's card sender is Rosemary Haepers: 906-563-5071
St. Barbara's card sender is Shirley LaValley: 906-563-5011

Communion Call Visits: If you are home bound or know someone who is and would like to receive Holy Communion at home, please call the parish office to be added to our Communion Call list.



THE FEAST OF
THE PRESENTATION
OF JESUS CHRIST

Monday, February 2
6:00pm, St. Mary



St. Mary & St. Barbara Parishes will have adoration on **Friday, Feb. 6th** at St. Mary Parish starting at **9:00am** with **Benediction at 3:00pm**. Please sign-up in back of St. Mary Parish.



The Holy Rosary in devotion to the Holy Face of Jesus, will meet **Sunday, February 8th** at St. Mary Parish, after the 10am Mass

Food, Fellowship and Faith
Join Father Abraham at St. Mary Parish Hall on **Thursday, February 12, 5:30pm** for a meal, followed by faith discussion. ALL are welcome.



Bless Us, Lord

Jesus, You are good and gracious, every moment of every day. You invite us to be meek, merciful, clean of heart, peacemakers. Give us the grace to seek these virtues, and to seek you. May your blessing accompany us on our way. Amen.

Holy Spirit Catholic Schools Week was filled with many activities, including daily prayer intentions, themed dress up days, baking and delivering cookies, games, contests, snowshoeing, making a care package for their seminarian, outdoor fun and s'mores.



Coffee Doughnut Social



Join us on **Sunday, February 1st**, after the 10am Mass in St. Mary's Parish Hall. All are welcome!

ATTENTION LADIES OF SAINT MARY & BARBARA.....if you did not get a bulletin last weekend; there are extra envelopes for the Women's Groups' annual dues in the back of church. Please return your envelope by dropping in the collection or at the parish office. Thank you for your continued support!

Thank you to everyone who supported the Youth Popcorn Fundraiser, it was a great success. Fresh popcorn was enjoyed by many, including Jordy & Theo! 



The next popcorn sale is Feb. 7th & 8th. The youth popcorn donations for that weekend will go to St. Vincent de Paul for the Super Bowl of Caring Fundraiser.

Tuesday, February 3rd

St. Barbara Women's League will meet at **1:00pm** in the St. Barbara Parish Hall. All women of the parish are invited to attend. We hope to see you there! God be with you.



The Women of St. Mary will meet after the 5:00pm Mass (about **5:35pm**) in the St. Mary Parish Hall.



Volunteers for the Feeding America

Mobile Food Pantry are needed for unpacking and distribution, **Thursday, February 5**, at the Grace United Methodist/Bethany Lutheran Facility. Please arrive at 2:00pm to assist. ~ **Thank you!** ~



DID YOU KNOW?

THERE ARE 5 PATRON SAINTS OF NURSES! ST. AGATHA, ST. CAMILLUS, ST. CATHERINE OF SIENA, ST. JOHN OF GOD, AND RAPHAEL THE ARCHANGEL.



Ash Wednesday Masses: 8:00am at St. Mary
6:00pm at St. Barbara

Lenten Penance Service

Sunday, March 8th at 3:00pm, St. Mary, Norway
Sunday, March 15th at 3:00pm, St. Mary Queen of Peace, Kingsford
Friday, March 27th at 6:15pm, Immaculate Conception Parish, Iron Mountain

BULLETIN DEADLINE: Please have all bulletin announcements to St. Mary Parish Office by Tuesday at 12 Noon. Announcements need to be typed, emailed or written out. Thank you.

ST. VALENTINE PARTY

JOIN US FOR A SPECIAL ST. VALENTINE PARTY.

SUNDAY, FEBRUARY 15, FROM 11:30 AM – 1:00 PM

HOLY SPIRIT CATHOLIC SCHOOL



LUNCH WILL BE SERVED



GAMES & PRIZES

🛈 SLEDDING (WEATHER PERMITTING, BRING
YOUR OWN SLED)

❤ FUN FOR ALL AGES

✨ SPECIAL OPPORTUNITY:

WE WILL HAVE A RELIC OF ST. VALENTINE
PRESENT, ALONG WITH THE OPPORTUNITY TO
MAKE A THIRD-CLASS RELIC USING PROVIDED
HOLY CARDS OF ST. VALENTINE.

ALL AGES ARE INVITED, SO BRING YOUR FAMILY
AND FRIENDS FOR A JOYFUL CELEBRATION
FILLED WITH FAITH, FELLOWSHIP, AND FUN.

WE LOOK FORWARD TO CELEBRATING WITH YOU!



MARRIAGE RETREAT 2026

"Joy in Self-Giving"

PRAYER - DISCUSSION - REFLECTION - RENEWAL



SAT 28 FEBRUARY | IRON MOUNTAIN, MI

9:00 AM CENTRAL TIME

\$40 INCLUDES LUNCH+DINNER

Hotel block available

Immaculate Conception parish

→ Register: yoopercatholic.org/couples →

906-379-3860

THE PSYCHOLOGY OF AUTHENTIC DETACHMENT FOR LENT

Join Dr. Patrick Richardson
February 19th @6:30pm at
St. Mary & St. Joseph Parish
Downstairs in the Parish Hall
For this inspiring Lenten talk

Lent is an invitation to Christians to practice detachment from all that is not God, to loosen our grip on worldly things and draw ever closer to God alone. Yet the same tradition also teaches us to pursue meaningful relationships and to love our neighbor deeply.

How do we detach from the world without pulling away from those we are called to love?

In "The Psychology of Authentic Detachment for Lent," we'll explore how psychological insights into healthy, secure relationships can actually deepen true spiritual detachment, and help our Lenten journey to build stronger, more loving bonds with God AND one another.

Dr. Patrick Richardson

Clinical Psychologist

drpatrick@audaxpsychology.com

Iron Mountain Office: 906-239-9557

Escanaba Office: 906-786-7838



 Hello... Did you change your home number, drop your land line, cell phone number, or change your address, and forget to let us know? Please contact the Parish Office to update your information. Thank you.

UPCOMING TEEN RETREATS

Teens from around the U.P. are invited to register for upcoming retreats:

A retreat for 7th-12th graders at St. Joseph Parish in Ishpeming on Saturday, Feb. 28: ishpemingcatholic.com/teenretreat

The **Youth Encounter Weekend** for high school students at Immaculate Conception Parish & Holiday Inn Express in Iron Mountain on Friday, March 20 thru Sunday, March 22: yoopercatholic.org/youthencounter

A **NET Team** is coming Wednesday, April 1 (Spring Break week) to offer a retreat for 7th-12th graders at St. Mary Queen of Peace Parish in Kingsford: yoopercatholic.org/net-retreat

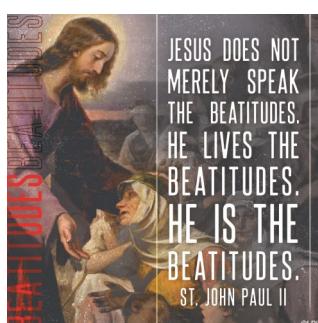
Countercultural Then and Now

Sometimes I wonder what this world will look like when my children get to be my age. Everything seems to be changing so rapidly and much of that change doesn't seem to be for the good. I do think in some ways the Church is experiencing resurgence and a strengthening, but it will have to be in the face of an increasing culture of atheism and selfishness.

Of course, I bet my parents wondered the same thing when I was a child. As much as things change, they remain the same. When Jesus gave his Sermon on the Mount, I would guess some parents there were having the same kind of worries. But Jesus proposed a way of life in the beatitudes that was countercultural then and is countercultural now.

In his book, *Life of Christ*, Fulton Sheen said this: "The Sermon on the Mount is so much at variance with all that our world holds dear that the world will crucify anyone who tries to live up to its values." Living a stewardship way of life means bringing the beatitudes into our daily lives in a profound way. However, it also means living in a way that others may not understand or they may even turn away from us because of it. But with the reward in the end being the kingdom of heaven, the choice is really a matter of life and death, eternally speaking.

— Tracy Earl Welliver, MTS ©LPI



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 <p>St. George Glass & Window 906-774-0388</p> <p>1818 N Stephenson Iron Mountain, MI 49801</p>	 <p>Scrubbing Bubbles Car Wash & Storage US 2 - Norway • 563-8110</p>	 <p>NB NORTHERN INTERSTATE BANK Experience The Future Of Banking with our New ITMs! banknib.com   </p>	<p>Fireplace North AND SPA IRON MOUNTAIN, MI</p> <p>FIREPLACES • STOVES • HOT TUBS SALES • SERVICE • INSTALLATION BILL & JANET SPRING WWW.FIREPLACENORTH.COM</p>	<p>Evergreen Meadows Assisted Living Dignified Retirement Living Complete Private Apartments 3 Home Cooked Meals Daily Scheduled Transportation Medicine Management Emergency Call System Memory Care Available 906.563.8900-1669 U.S. Hwy 8 Norway, MI Stop in for a personal tour!</p>
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<p>The Long Branch 906-438-2377 • FAITHORN, MI</p> <p>Open Monday - Thursday @ 11:30 Friday - Sunday @ 11:00</p> <p>Monday - Pizza Tuesday - Wings and Tacos Wednesday - BBQ Ribs Thursday - Steak and Pasta Friday - 11:00 - 9:00 PM Our Famous Fish Fry Saturday - Steak Night Sunday - Fried Chicken ~All Day~</p>	 <p>GO Tech Computer Repair and Business IT Services 611 Main St in Norway (Next to Peterson Electric) 906-563-1878 www.gotechsolutions.com Hours: Mon-Fri 9am-5pm</p>	<p>PUT OUR EXPERTISE TO WORK FOR YOU.</p> <p>H&R BLOCK</p> <p>219 E Hughitt St • Iron Mountain, MI 49801 P: 906.774.1003</p>	<p>LAW OFFICE OF STEVEN J. TINTI Steven J. Tinti - Attorney 702 Norway Street Norway, MI 49870 (906) 563-8100</p>	 <p>St. Vincent de Paul Store 431 Main St. - 906-563-7302</p> <p>Hours: M-F 9-3:45; Sat Closed Assistance available T-Th 9-11 Volunteers needed and welcome</p>