

WELCOME TO SAINT MARY & SAINT BARBARA PARISHES

We're blessed to have you worship with us today. If you're visiting, may God guide and bless you on your journey. If you're seeking a church home, we warmly invite you to consider joining our church family. Please don't hesitate to reach out if you have any questions or would like to learn more about our parish community.

February 8, 2026

Pastor

Fr. Abraham Mupparathara MCBS

E-mail: smuppara@hotmail.com

906-369-0028, emergency only

Saint Mary Parish

401 Main Street
Norway, MI 49870

Weekend Mass Schedule

Saturday: 4:00pm Sunday: 10:00am

Saint Barbara Parish

W5058 Main Street, Vulcan

Mail: 401 Main St
Norway, MI 49870

Weekend Mass Schedule

Saturday: 6:00pm Sunday: 8:00am

Confessions at St. Mary

Saturday from 11:00am-Noon

Sunday from 9:15-9:45am, before 10:00am Mass

Tuesday from 4:30-4:50pm before 5:00pm Mass

Website: www.stmarybarbara.org

E-mail: saintmary@norwaymi.com

Parish Office: 906-563-9845

Fax Number: 906-563-7623

Office Hours: Monday-Thursday 9:00am-4:00pm

Parish Personnel

Secretary: Sharon Halloran

Bookkeeping: Mary Lindstrom

Email: smbookkeeping1878@gmail.com

Music/Liturgy: Kelli McGeehan

Email: smmusic1878@gmail.com

Faith Formation Coordinator: Jen Murvich

Email: religioused@norwaymi.com

Youth Ministry Coordinator: Michelle Chartier

Email: youthgroup@norwaymi.com

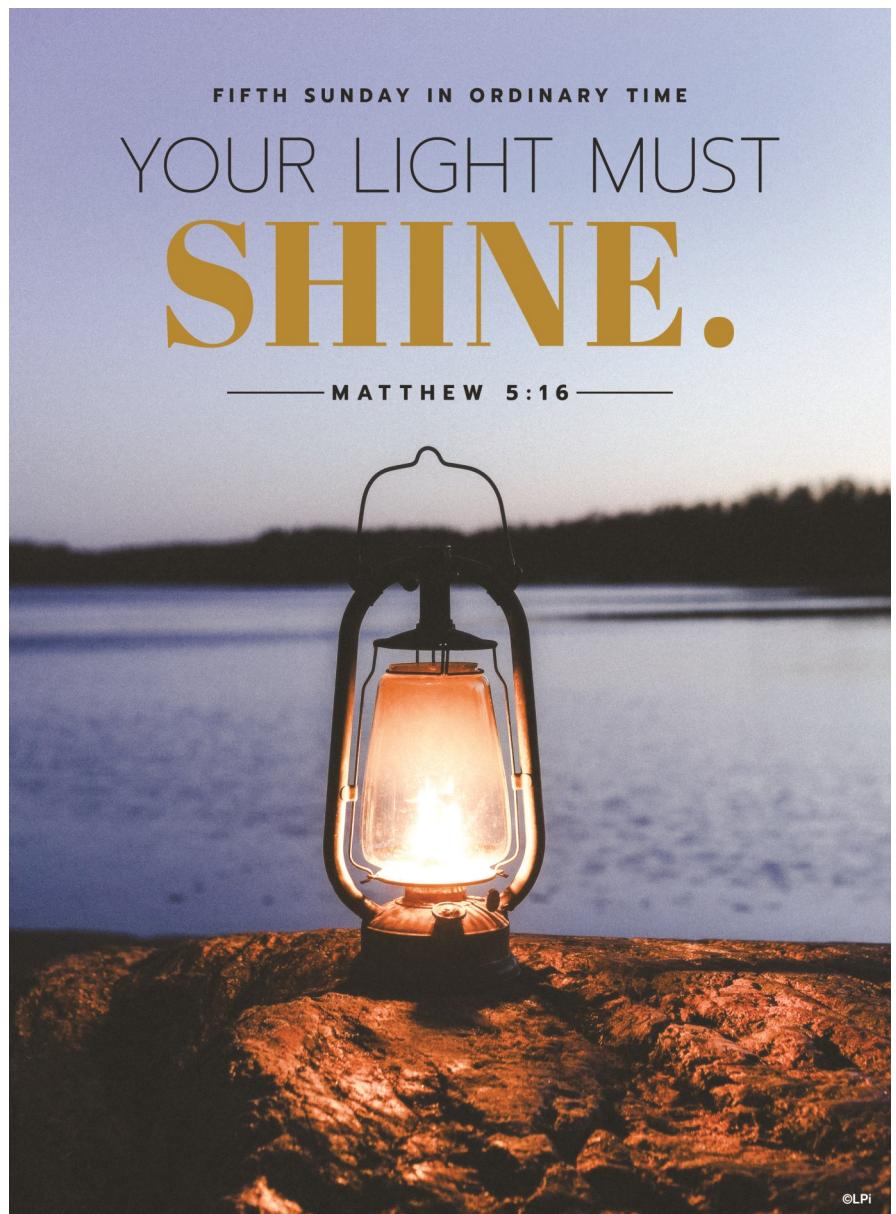
Holy Spirit Catholic School

Principal: Cathy Menghini

906-563-8817 Email: info@hscsnorway.org

St. Vincent de Paul Store
Catholic Social Services

906-563-7302
906-774-3323



READINGS FOR THE WEEK

Monday:	1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56
Tuesday:	1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/Mk 7:1-13
Wednesday:	1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/Mk 7:14-23
Thursday:	1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40/Mk 7:24-30
Friday:	1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15/Mk 7:31-37
Saturday:	1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22/Mk 8:1-10
Sunday:	Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34/1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37

A note from Father Abraham

My dear brothers and sisters in Christ,

Home Blessing: I would like to do the blessing of homes. If you would like to have your home blessed, please send me a message at 906-396-0028 or email me at smuppara@hotmail.com. Even though I know most of you by face now, it is a great opportunity for me to know you a little more personally and for you to know me as well. I look forward to hearing from you.

Food, Faith and Fellowship: I invite you to come and join our Food, Faith and Fellowship gathering. It is a great way to know our fellow parishioners, enjoy some delicious food, and to learn, renew and remember the greatness of our faith. All are welcome. Our next gathering will be on Thursday, February 12 at 5:30 PM at Saint Mary Parish Hall.

Two-word Prayers: I found this Two-Word Prayer on the internet that I thought to share with you. It is very powerful:

"Calm me, quiet me, settle me... Steady me, balance me, ground me... Nudge me, prod me, push me... Relax me, lift me, cheer me... Plant me, root me, embed me... Grace me, gift me, fill me... Comfort me, soothe me, console me... Support me, sustain me, protect me... Open me, grow me, complete me... Inspire me, encourage me, embolden me... Heal me, mend me, repair me... Forgive me, pardon me, free me... Renew me, refresh me, restore me... Shepherd me, lead me, guide, me... Touch me, bless me, anoint me... Enfold me, hold me, embrace me... Lord, hear my prayer today!"

May God continue to bless our parishes, friends and the community and may He keep all of us in His loving care.

With love and prayers,
Fr. Abraham, MCBS



Spirit Lifters

- Feb. 8th** - We cannot direct the wind, but we can adjust our sails.
- Feb. 9th** - Don't grumble because you don't have what you want; be thankful you don't get what you deserve.
- Feb. 10th** - Happiness is found along the way, not at the end of the road.
- Feb. 11th** - My abilities, however small are valuable because they are God's gifts.
- Feb. 12th** - I don't think much of a man who is not wiser today than he was yesterday. Abe Lincoln
- Feb. 13th** - I cannot conceive how a man could look up into the heavens and still say that there is not god. A. Lincoln.
- Feb. 14th** - Love in your heart wasn't put there to stay. Love isn't love 'til you give it away.



Knights of Columbus Annual Fundraiser and Friday Night Fish Fry is **Friday, February 27**, 4:30-7:00pm, Saint Mary Parish Hall.

"Human life must be respected and protected absolutely from the moment of conception." – Catechism of the Catholic Church

BULLETIN DEADLINE: Please have all bulletin announcements to St. Mary Parish Office by Tuesday at 12 Noon. Announcements need to be typed, emailed or written out. Thank you.



The Holy Rosary in devotion to the Holy Face of Jesus, will meet **Sunday, February 8th** at St. Mary Parish, after the 10am Mass

Super Bowl of Caring Popcorn Fundraiser

The youth group will be in the back of both Parishes, after all Masses this weekend, selling popcorn for a free will donation. All donations will go to St. Vincent de Paul for the Super Bowl of Caring Fundraiser. Thank you for your support!



The Knights of Columbus will meet on **Tuesday, February 10 at 7:00pm.**, Saint Mary's, St Joseph Center.

Join the Mass at 5:00pm, pray the holy rosary at Evergreen at 5:45pm.

Food, Fellowship and Faith

Join Father Abraham at St. Mary Parish Hall on **Thursday, February 12, 5:30pm** for a meal, followed by faith discussion. ALL are welcome! Please sign up in the back of church so we know how much food to prepare. Thank you.



St. Valentine Party

Sunday, February 15, 11:30am - 1:00pm
Holy Spirit Catholic School

Lunch: Hot dogs, Coney dogs, Sloppy Joe, Mac & Cheese, Chips & Valentine cupcakes
Games & Prizes led by the Youth Group
Relic of St. Valentine and special opportunity to make a 3rd class relic.
A joyful celebration for the whole family!

Blessing of Mission

Bless us on our way, O Lord. Share with us as we share with others. Heal us as we help others to heal. Provide for us as we open our hands in charity. Every gift comes from You. You are at the heart of all that is good. Share that goodness with us today, abundantly. Amen.

Baskets for palms are out at each parish. Place your old palms in the basket to be used for Ash Wednesday.

RETREAT FOR MARRIED COUPLES FEB. 28

Married couples are invited to connect with each other and with the Lord Saturday, Feb. 28 at Immaculate Conception Parish in Iron Mountain. The retreat will feature brief presentations, prayer and Eucharistic Adoration, a fun activity, Mass, a catered dinner, and an evening game competition. A block of hotel rooms are available at the Holiday Inn Express and Comfort Inn. There will be a Friday night social for those who can come early! Register at yoopercatholic.org/cou.

Please join us at St. Mary & St. Joseph Church every Tuesday night at 5:40 (after the 5pm Mass) as we pray the "Rosary of the Seven Sorrows of Mary" for all those in need of a miraculous healing.

 <p>HOLMBERG GENERAL AGENCY Division of Danielson Insurance</p> <p>NORWAY, MI 906.563.9237</p>	 <p>jessEvent Event Decorating & Linen Rentals (906) 241-7559 WWW.JESSEVENT.COM</p> <p> RIVERVIEW STORAGE LLC & BOAT STORAGE 906.221.1053</p> <p>W3981 US 2 Vulcan Located in Loretto</p>	<p>Pellegrini Farm Strawberries, Cabbage & Sugarbeets PELEGRINIFARM.COM (906)396-5728 (906)396-7829</p> <p> First National ROOTED IN OUR COMMUNITY SINCE 1887 Phone (906) 774-2200 www.fnbimk.com</p>	 <p>Exterior and Interior Painting Services Scott/Kari Rybarczyk 906-396-4899 Free Estimates</p> <p>NORTHERN PRO PAINTING</p> <p>FIRST BANK</p> <p>Kingsford (906) 774-6200  Voted Best Bank</p>	<p>MELLON CONSTRUCTION Custom Built Homes, Additions, Remodeling, Garages, Decks & More Licensed & Insured with over 30 Years Experience Nick Mellon (906) 221-7100 Rob Mellon (906) 369-3861</p>
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 <p>St. George Glass & Window 906-774-0388</p> <p>1818 N Stephenson Iron Mountain, MI 49801</p>	 <p>Scrubbing Bubbles Car Wash & Storage US 2 - Norway • 563-8110</p>	 <p>NB NORTHERN INTERSTATE BANK</p> <p>Experience The Future Of Banking with our New ITMs!</p> <p>banknib.com   </p>	<p>Fireplace North AND SPA IRON MOUNTAIN, MI</p> <p>FIREPLACES • STOVES • HOT TUBS SALES • SERVICE • INSTALLATION BILL & JANET SPRING WWW.FIREPLACENORTH.COM</p>	<p>Evergreen Meadows Assisted Living Dignified Retirement Living Complete Private Apartments 3 Home Cooked Meals Daily Scheduled Transportation Medicine Management Emergency Call System Memory Care Available</p> <p>906.563.8900-1669 U.S. Hwy 8 Norway, MI Stop in for a personal tour!</p>
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<p>The Long Branch 906-438-2377 • FAITHORN, MI</p> <p>Open Monday - Thursday @ 11:30 Friday - Sunday @ 11:00</p> <p>Monday - Pizza Tuesday - Wings and Tacos Wednesday - BBQ Ribs Thursday - Steak and Pasta Friday - 11:00 - 9:00 PM Our Famous Fish Fry Saturday - Steak Night Sunday - Fried Chicken ~All Day~</p>	 <p>GO Tech Computer Repair and Business IT Services 611 Main St in Norway (Next to Peterson Electric) 906-563-1878</p> <p>www.gotechsolutions.com Hours: Mon-Fri 9am-5pm</p>	<p>PUT OUR EXPERTISE TO WORK FOR YOU.</p> <p>H&R BLOCK</p> <p>219 E Hughitt St • Iron Mountain, MI 49801 P: 906.774.1003</p>	<p>LAW OFFICE OF STEVEN J. TINTI Steven J. Tinti - Attorney</p> <p>702 Norway Street Norway, MI 49870 (906) 563-8100</p>	 <p>St. Vincent de Paul Store</p> <p>431 Main St. - 906-563-7302</p> <p>Hours: M-F 9-3:45; Sat Closed Assistance available T-Th 9-11 Volunteers needed and welcome</p>